

Pasadena Dance Theatre's Summer Intensive Video Submission Requirements

Please include a single video file no more than 20 minutes in length containing the requirements below. Videos not complying with all elements may not be considered. Only one side needs to be shown of each combination. Please make sure you have a wide enough camera angle that shows the full body throughout and not include any dancers other than the applicant. The video must be taken recently and not more than 3 months prior to submission. Videos of performances or solo variations will not be considered.

Ladies ages 14 and up should complete all combinations on pointe.

Ladies ages 12 and 13 should wear soft shoes for all combinations except for the pointe work combination which should be completed on pointe. This combination may be placed at the end of the video after grand allegro*

- Barre work (maximum of 10 minutes; only one side needed of each combination):

- Tendu with plié in first position - please include port de corps stretch
- Tendu fifth position with weight changing/legs changing
- Dégagé fifth position - please include sous-sus balance at the end
- Rond de jambe à terre - please include grand rond de jambe en l'aire
- Frappé - please include passé retiré relevé at the end and pirouette or half turns
- Grand battement

- Center work:

- Adagio - please show body directions you may know
- Across the floor: tombé pas de bourré with balancé - please include either a clean single pirouette or multiples depending on your age/training
- Small jumps: warm up jumps sautés in first, second and changement
- Petit allegro: Glissade, assemblé, jeté coupé
- Across the floor/grand allegro: please include medium and large jumps
- Ladies should include a diagonal of turning steps
- Men should include cabrioles, entrechats six and tours en l'air (right and left)
- *Pointe work combination(ladies only): échappés, retirés, double pirouettes, en dehors and en dedans on pointe